



Issue No. 480

www.stocksbridge-jun.sheffield.sch.uk

02/07/2021

What a year
this week
has been.

We can safely say that when we were planning transition week, this week was not what we had in mind! There have been more ups and downs than we ever expected. The downs are obvious – having to close two class bubbles at the start of the week was unavoidable, but nevertheless disappointing. Thank you to all the parents who have been supportive this week, both with the return to home learning and being understanding about this difficult situation. Although we realise many children haven't met their new teachers this week, it has been a privilege to see our children in school shining in their new classes, including the Y2s who have visited this week. We hope our Y6s have enjoyed their time at their secondary schools too.

ANNUAL REPORTS

We had planned to send annual reports home today, however, with three classes learning remotely, the Y6s at SHS and one year group's reports still to be signed by their (*isolating*) teachers, it seemed more appropriate to send them home next week. Children will therefore receive their reports on Monday or on their first day back in school after their required isolation period.

A letter is enclosed with the report which we would appreciate if parents could return promptly to confirm that you have received the report. We also ask that you indicate whether you require a telephone conversation about the report with your child's class teacher.

Y6 LEAVERS' FILM

Our Year 6 children have been busily working with Miss Scott to produce our 2021 Leavers' Film. If your child would like a copy, orders must be placed along with the payment of £5 by Friday 9th July.


SHEFFIELD CHILDCARE SURVEY

Sheffield Local Authority have recently launched a childcare survey in order to establish the changes in supply and demand in the childcare market and to work with childcare providers when planning for childcare.

All parents are invited to complete the survey:

<https://online1.snapsurveys.com/interview/e019181d-12d0-4086-a624-545ca3e3669d>

NEXT WEEK'S MENU

WEEK 2 1/3-22/3-26/4-17/5-14/6-5/7	MONDAY <small>MEAT FREE</small>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Pizza of the day	Beef burger in a roll 	Roast turkey and stuffing with Yorkshire puddings	Meatballs in a tomato sauce	Fish fingers
VEGETARIAN MAIN DISH	Pizza of the day	BBQ bean burger	Roast Quorn™ fillet, Yorkshire pudding and stuffing	Vegetarian meatballs in a tomato sauce	Fish fingers
ACCOMPANIMENTS <small>5 A DAY</small>	Herby potatoes Seasonal vegetables Salad bar	Half jacket potatoes Seasonal vegetables Salad bar	Roast potato Seasonal vegetables Salad bar	Fusilli pasta Seasonal vegetables Salad bar	Chips Seasonal vegetables Salad bar
DESSERTS	Flapjack	Chocolate orange muffins	Rhubarb and custard cake	Fruity oat bar <small>5 A DAY</small>	Fruit and ice cream <small>5 A DAY</small>
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATOES	Jacket potatoes with cheese, beans or tuna	Jacket potatoes with cheese, beans or tuna	Jacket potatoes with cheese, beans or tuna	Jacket potatoes with cheese, beans or tuna	Jacket potatoes with cheese, beans or tuna

WHY A PCR TEST?

We have been asked a few times recently why a child is required to have a PCR test if their Lateral Flow Test has already indicated that they are positive for COVID-19. First and foremost, this is the procedure specified in all Public Health England guidance. Secondly, what we know is that, although Lateral Flow Tests have a high rate of accuracy, they can also falsely suggest a person is positive (in some cases). A subsequent PCR test is necessary to confirm the Lateral Flow Test outcome. If the more accurate PCR tests suggests a negative result, this will ensure that no one is isolating unnecessarily.

We are very lucky to have the tools to ensure we are accurate in our judgement.

COVID-19

Our webpage ensures parents can access to the latest COVID information from school and Sheffield news and resources. Please visit <https://www.stocksbridge-jun.sheffield.sch.uk/covid-19-parent-information/>

Keep|Goin'|Sheff



Hands



Face



Space



Fresh air

Help stop the spread and keep Sheffield safe and open

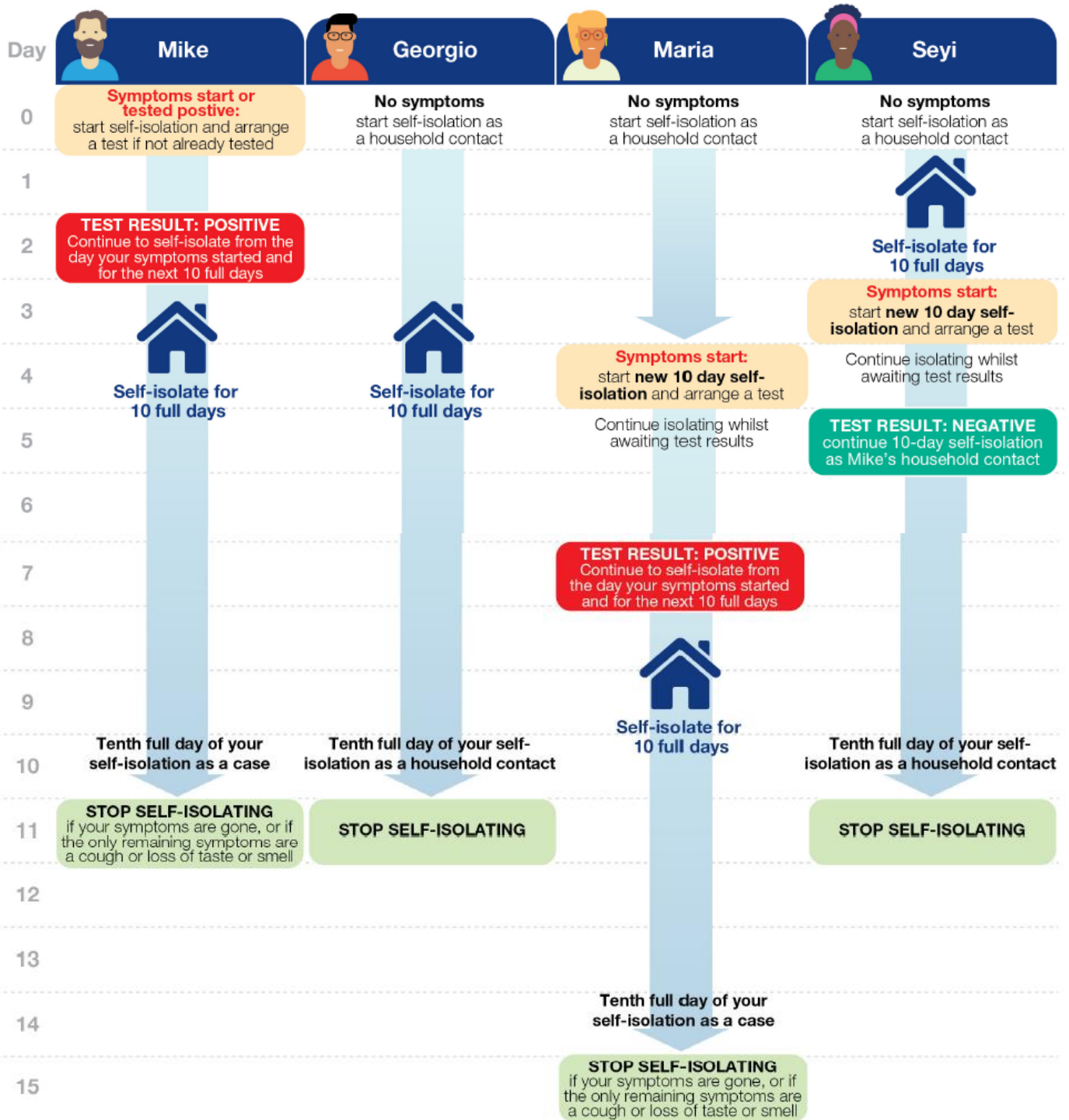
For more information visit:
sheffield.gov.uk/coronavirus



ISOLATION

An illustration from Public Health England to explain isolation periods:

Mike's household: In this example, Mike lives with Georgio, Maria and Seyi. Mike is the first case of COVID-19 in this household. He and everyone in the household begin self-isolating from the day Mike's symptoms start (or if he had no symptoms, from the date of his positive test).



Self-isolate for 10 full days.

You need to self-isolate from the day the first person in your household started symptoms and for the next 10 full days. If they did not have symptoms, self-isolate from the day of their test and for the next 10 full days.

To self-isolate means:

Do not go to work, school, or public areas and do not use public transport or taxis. Only leave your home to get to your test if you need to, observe strict social distancing advice and return immediately afterwards.



A LETTER FROM SYFR

Dear Parents,

As you may have heard in the news, over the late May Bank Holiday weekend our crews were called to an incident in which a 16-year-old boy tragically drowned in Ulley Reservoir, Rotherham, despite the best efforts of emergency services on scene.



**South Yorkshire
FIRE & RESCUE**

This was an extremely sad incident that served as a stark reminder of how dangerous open bodies of water – such as lakes, quarries and reservoirs – can be. Our thoughts and sympathies today remain with the boy's family. However, our thoughts are also with parents of children right across South Yorkshire, such as yourself, and using the tragic event at Ulley as our motivation, we are asking that you speak to your kids about water safety at your earliest convenience.

Our key messages, for children of all ages across the county, are as follows:

- You should never jump, dive or 'cannonball' into open bodies of water such as lakes and quarries – you don't know what's underneath the surface and could end up suffering from cold water shock
- Cold water shock is where the sudden change in temperature, from being in warm weather to cold water (even in summer open water can be extremely cold), causes your body to shut down and stops even strong swimmers
- You should only swim where its safe and legal – the swimming baths, outdoor lidos and other sites where lifeguards are present
- Don't give in to peer pressure from your friends to jump into the unknown, and never swim after having consumed alcohol
- Should you get into trouble in the water you should float to live – try to stay calm and just focus your energy on floating and shouting for help – until support arrives

Clearly we do not want children to be scared of safe swimming. In fact, quite the opposite – we actively encourage parents to take their children for organised swimming lessons, where possible. We also recognise that organised open water swimming, be that in land or on the coast, has a wide array of physical and mental health benefits – and can be done safely. However, we have seen countless examples this year already where groups of young people have been jumping into open bodies of water. This is absolutely not acceptable and can put them at risk in lots of different ways. Not only is there cold water shock, but often these lakes and quarries are on private land.

We want people across South Yorkshire – young and old – to enjoy and respect water safely, and we thank you in advance for your support.

Kind regards,
Joe McCreesh
Sheffield Neighbourhood Fire Community Safety Officer

SYFR have also made the following video for primary-aged children about the dangers of swimming in open water: <https://www.youtube.com/watch?v=hWr5xltFfQ4>

ONLINE SAFETY

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around 800 million active users worldwide.

AGE RESTRICTION
12+
If under 18, supervision of a parent or legal guardian required.

What Parents & Carers Need to Know About



TIKTOK



AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – so it is possible for a child to be exposed to explicit and age-inappropriate content.



EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and want to imitate any explicit language or suggestive actions.



TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be the next big thing will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.



ADDICTIVE NATURE

Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep you intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.



IN-APP PURCHASES

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. Buying coins is now restricted to over-18s – but TikTok doesn't require users to verify their age on sign up, so a young person could easily access this feature if they were determined to.



Advice for Parents & Carers

TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.



MAINTAIN PRIVACY SETTINGS

In early 2021, TikTok changed the default setting for all under 18s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 18s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.



LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.



ENABLE FAMILY SAFETY MODE

'Family Safety Mode' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok refreshed its Safety Centre in May 2021, providing new resources for parents and carers to support online safety among families. These resources can be found on their website.



USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.



MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.



Meet our expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



SOURCES: www.tiktok.com



www.nationalonlinesafety.com



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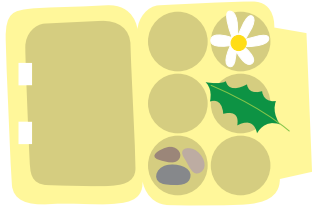
There are so many things you can do in your local park or woodland – take a look at the map and explore the wild places near your home or school. Here are 10 activities to get you going!

Can you tick them all off? It's even more fun when you ask your friends to come along. It's time to shake off those winter blues and spring into action!



1. Wild treasure hunt

Take an empty egg box and use the slots to place your treasure! Can you find something soft, fluffy, strange, green, smooth or brown?



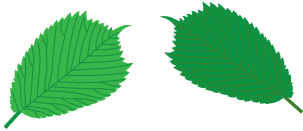
2. Minibeast hunt

Look under logs and stones to see if there are any creatures living underneath. Remember to put them back carefully so you don't squash your new friends!

3. Leaf snap

Go on a 'Leaf Hunt' and collect six different shaped leaves. Choose a partner, then show each other your leaves. Shout 'snap!' when they match.

Snap!



4. Make a leaf crown

Cut a strip of cereal box card around 4cm wide and long enough to go around your head. Collect leaves and attach to the card to make a crown!



5. Sounds in nature

Cup your hands around your ears and stand like a silent statue for one minute. What can you hear? The buzz of a bee, the snore of a hedgehog, the rustle of the trees?



6. Spot the signs of spring

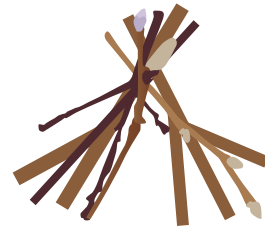
Take a walk in the woods or around a clump of trees in your local park. Can you see any snowdrops or primrose flowers? Can you spot birds tweeting and carrying twigs to build their nests?

7. Rainy day fun

Being outdoors in the rain is great fun! Pop on your wellies and hunt for puddles, the muddier the better... splish, splash, splosh!

8. Build a mini den

Collect little sticks and twigs to make a den. Imagine which animal might like to live inside! If you make several, you can create a whole village!



9. Micro-adventure

Imagine how large the grass would be if you were a tiny creature! Pretend your finger is a tiny bug – woah! Can you climb the blade of grass and walk over the mountain?



10. Fox's footsteps

Choose one person to be the fox, the others can be the mice. Fox faces a tree and shuts their eyes, the mice try to creep to the tree as quiet as can be. If fox turns around, be as still as a statue!

