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October is Black History Month, giving us the opportunity in school to celebrate the achievements of Black people, both past and present. This year, there is a renewed focus on British resistance to racism – inspired in part by last summer’s Black Lives Matter protests – and celebrating key figures who have made substantial contributions to the country. Both of these themes provide vital learning for our children in school, as we teach our children about important issues, such as under-representation, inclusion and diversity, not just during October, but all year round.

SJS STARS OF THE WEEK

- Y3AH: Isla McGrail
- Y3JT: Esther Muhone
- Y3RD: Casey Randall
- Y4CG: Kate Blake
- Y4KT: Chester Parsons
- Y4OS: Sophie Damms
- Y5GG: Lucas Irvine
- Y5HK: Griffin Williams
- Y5JH: Milly Turner
- Y6ER: Maddison Armitage
- Y6MC: Liam Whitworth
- Y6CH: Emilia Lakin

Mrs Foster: Joe Kumbi
Miss Sheehan: Frankie Brookes
Mr Wright: Molly Hayward

Lower School Lunchtimes: Charlie Brocklesby
Upper School Lunchtimes: Jack Prentice-Marsden
Dining-Room: Lincoln Butler

READING AROUND THE WORLD

Y3 - LONDON

Olivia Walker

Y4 - CAIRO

Amelia Hodkin
Lucy Martin
Lyla Carr
Eadie Gibbins
Millie Morgan
Martha Sulikowska
David Staniforth
Ellie Murray
Max Wilson
Kate Blake

Y5 - BELJING

Holly Swales
Imogen Goddard
Emily Ralph
Sophia Fletcher-Radion
Lexi Saville
Griffin Williams
Alfie Jackson
Braxton Shields
Alyssa Mitchell

Y6 - BUENOS AIRES

Fiona Woodcock
Kira Green
Molly Hayward
Joe Kumbi
Mason Walker
Riley Tollan
Oliver Green
Oscar Sulikowski
Ellie Gaymond
Jessica Bonner
Belle Carr

SCHOOL GATE

Last week, we reiterated our concerns around children arriving incredibly early for school. Since our message, we have seen a significant improvement in the congestion around the school entrance now that children are timing their arrival within the 10-minute window. We would like to thank parents and children for responding so proactively to our concerns.

PARENTS' EVENING

Parents' Evening will take place on Tuesday 12th and Wednesday 13th October. Class teachers will email a unique Zoom link for each booking on or before Monday 11th October and also we will be sending home a short data report of your child's progress this half term.

We politely request that parents join their video call at the appointment time and allow teachers to finish meetings in good time to meet with the next parent at the scheduled time.

YS LONDON DEPOSITS

Children have received a letter about their London residential, which is taking place on the 6th and 7th June 2022. The deposit of £70 needs to be paid on ParentMail by Friday 15th October to secure your child's place.

DR BIKE

As part of our continued commitment to promote healthier ways of travelling to and from school, we will be holding a 'Dr Bike Session' on Tuesday 19th October 2021. Any pupil who cycles to school will get a free health check for their bike. There are a limited number of places so it is first come first served. Please see the letter your child brought home this week for further details and be sure to return the permission slip by Friday 15th October at the latest.

YOUNG SHAKESPEARE – MACBETH

On Friday 22nd October, the Young Shakespeare Company will be visiting school to perform Macbeth for Year 6 pupils. The Young Shakespeare Company are professional actors who travel the country delivering Shakespeare plays in an accessible format for KS2 pupils and is always an event enjoyed by our Year 6 pupils. We would like to remind parents to process your child's contribution of £7.90 via ParentMail prior to the event. Without your support, a lack of funds could result in enrichment events like Macbeth having to be cancelled. Your assistance is very much appreciated.

HARVEST COLLECTION FOR STOCKSBRIDGE FOOD BANK

It has been wonderful to see a steady stream of donations coming into school this week for our Harvest collection for Stocksbridge Food Bank. If you have not had chance to buy an extra item or two to contribute, do not worry. We will be collecting items until Wednesday 20th October 2021. Here is a little reminder of the items the food bank is most in need of: sponge puddings, rice pudding, packet custard, tinned beans with sausages, coffee, hot chocolate, sugar, long-life milk (whole), pot noodles, chocolate, sweets, jam, tinned/jars of hot dogs, tinned pies (e.g. Fray Bentos), tinned meat (e.g. Pek), fresh eggs, fresh apples, toothpaste & toothbrushes, toilet rolls, deodorant (male and female), shampoo & conditioner, baby shampoo, children's shampoo, cat food.

FLU VACCINES

Nasal flu vaccinations will be administered during the school day on Tuesday 12th October to those children whose parents have provided online consent.

NEXT WEEK'S MENU...

WEEK 3 20/9. 11/10. 1/11. 22/11. 1/12. 10/1. 31/1/22	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN MEAL	All day breakfast	Homemade chicken enchiladas served with rice	Roast chicken served with roast potato	Homemade meat & potato pie	Fishfingers served with chips & ketchup
VEGETARIAN MEAL	All Day breakfast	Quorn chilli served with wholemeal rice	Quorn fillet served with roast potato	Tomato and vegetable pasta bake	Cheese & onion quiche served with chips & ketchup
ACCOMPANIMENTS	Seasonal vegetables Salad Fresh Bread	Seasonal vegetables Salad Fresh Bread	Seasonal vegetables Salad Fresh Bread	Seasonal vegetables Salad Fresh Bread	Seasonal vegetables Salad Fresh Bread
DESSERT	Ginger biscuits with fresh fruit Homemade tray bake	Chocolate & pear sponge served with custard Homemade tray bake	Fruit jelly Homemade tray bake	Apple flapjack Served with custard Homemade tray bake	Chocolate orange brownie Homemade tray bake
FRESH FRUIT AND YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings

CROSS COUNTRY

We had another great turnout for our second Cross Country race on Saturday. With four returning runners, and six new faces, Team SJS produced some fantastic finishes on a quick course around Parkwood Springs. While the rain held off, all of our runners successfully completed the course, some even managed to pose for the camera on the way!

We are looking for more runners to come and join SJS Cross Country team, especially pupils in Year 5/6 to help earn us some team points! Race 3 is on Saturday 16th October at Concord Park. Speak to Miss Hague if you are interested in Cross Country but also in joining the running club on Monday evenings.



ONLINE SAFETY

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around 800 million active users worldwide.



What Parents & Carers Need to Know About



TIKTOK



AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – so it is possible for a child to be exposed to explicit and age-inappropriate content.



EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and want to imitate any explicit language or suggestive actions.



TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be the next big thing will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.



ADDICTIVE NATURE

Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep you intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.



IN-APP PURCHASES

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. Buying coins is now restricted to over-18s – but TikTok doesn't require users to verify their age on sign up, so a young person could easily access this feature if they were determined to.



Advice for Parents & Carers

TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.



MAINTAIN PRIVACY SETTINGS

In early 2021, TikTok changed the default setting for all under 18s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 18s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.



LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.



ENABLE FAMILY SAFETY MODE

'Family Safety Mode' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok refreshed its Safety Centre in May 2021, providing new resources for parents and carers to support online safety among families. These resources can be found on their website.



USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.



MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.



Meet our expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



SOURCES: www.tiktok.com