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Miss Sheehan: Susanna Clement

Mrs Saville: Esther Muhone

Mr Tee: Millie Montgomery

Last week, all around the world, people were celebrating Earth Day. At Stocksbridge Junior School, our pupils spent time thinking about threats to our planet, such as pollution and deforestation.

Children discovered the impact their actions can have to protect our planet, preserving it for their future. We have been lucky enough to receive 240 trees from Tree Appeal. Our Y3 and Y4 children have been planting them on the field this week to create an outdoor classroom, enjoying making our world a healthier and happier place to live.

#### SJS STARS OF THE WEEK

• Y3AH: Lily Clayton

• Y3RD: Kitty Albinson

 Y4CG: Oscar Edwards Y4KT: Eadie Gibbins

Y4OS: Noah Charlesworth

• Y5HK: Willow Collett • Y5DW: Benjamin O'Neill

• Y5GG: Freya Walker

• Y6ER: George Howe • Y6MC: Charlie Butcher • Y6CH: Molly Shaw

Y3/5 Yard: Braxton Shields Y4/6 Yard: James Reed Dining-Room: Felix Bond

### YOUNG VOICES



We are so proud of the thirty-three children who attended Young Voices last night! Their behaviour was impeccable and singing was beautiful. Well done to each of them for being such fantastic representatives of Stocksbridge Junior School. We hope they aren't feeling too tired today!

#### SCHOOL COUNCIL

Ahead of the local elections next week, School Council have been exploring the word 'democracy'. The children learnt that 'democracy' means a government that is run by the people - each citizen has a say (or vote) in how the government is run. Hopefully, lots of members of our school and local community will be using their vote to elect local councillor and Mayor of South Yorkshire next Thursday. Please talk to your child/children about this process they will naturally be curious, especially if they go with you to vote.

To give all children at SJS the experience of the democratic process over this half-term, School Council will be taking part in an exciting project. School Council has been divided into three separate 'parties'. Each 'party' will develop a manifesto about what we will do in school to celebrate the Queen's Platinum Jubilee. School Council Representatives will share their manifesto with their classmates who, in turn, will be able to vote for their favourite celebration! We will celebrate in School on Thursday 26th May 2022.

#### PE NEXT WEEK

Please ensure your child is wearing appropriate PE kit on their class' PE day next week.

Monday	Tuesday	Wednesday	Thursday	Friday
Bank Holiday	Y5DW Y6CH	Y3AH Y4OS Y5HK	Y4CG Y6MC Y5GG	Y3RD Y4KT Y6ER Y4CG (Swimming)

#### INTRODUCING TO THE SJS FAMILY...

We are thrilled to officially introduce two new members of the Stocksbridge Junior School family. We are sure you will join us in welcoming Nibbles and Chomps!

#### **Nibbles**



#### Chomps



#### THRIVE FOR PARENTS AND CARERS



We are pleased that, after the great success of our last Family Thrive workshops, we will be offering more parent/carer places on our new workshops to take place in June and July.

- 9th June 22
- 16th June 22
- 23<sup>rd</sup> June 22
- 30<sup>th</sup> June 22
- 7<sup>th</sup> July 22
- 14<sup>th</sup> July 22

All sessions will take place between 9.15am and 11.15am in our Thrive Room. It is important that you are available for all six sessions. BUT, don't let that put you off as we can chat about how session can be caught up on.

The Family Thrive programme uses the Thrive Approach to help parents and carers understand how the Approach makes a positive difference to the wellbeing of your children including:

- How our brains develop
- How your right brain talks to your left brain
- Why play and creativity are so important to you and your child
- How to support your child at times of change and difficulty
- Everyday trigger times and how to keep calm
- How to be a behaviour detective



We only have a small room so places will be offered on a first come first served basis. To reserve your place or to find out more, all you need to do is either ring the school office and ask for Mrs Lea-Jones or email Mrs Lea-Jones on <u>j.leajones@stocksbridge-jun.sheffield.sch.uk</u>. You will need to confirm you are interested in a place by 6<sup>th</sup> May 2022. Your places will be confirmed by email after this date.

#### NEXT WEEK'S MENU...

WEEK 2	MONDAY (%)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Vegetarian sausage with mashed potato and gravy	All day breakfast	Roast chicken and Yorkshire pudding with gravy and mashed potato	Sweet and sour chicken with mixed rice	Fish of the day or salmon fishcakes with chips
VEGETARIAN MAIN DISH	Marinated Quorn™ wrap with baked potato wedges	Quorn all day breakfast	Quorn roast with gravy and mashed potato	Vegetarian chilli with mixed rice	BBQ bean burger with chips
ACCOMPANIMENTS 5	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Ginger buiscuit	Carrot and orange muffins	Fruit and ice cream	Fruit crumble and custard	Chocolate orange cookies
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings

#### **GYMNASTICS**

This week, twenty of our SJS gymnastics squad attended the Sheffield City competition taking place at Concord Sports Centre. The Stocky team have been working really hard on their floor routines and vaults over the past few months and it really did payoff during the competition. All children performed at a very high standard and their behaviour and attitude was exemplary. We are very proud of everyone and they all contributed to our total scores.





- Y3/4 Foundation finished 1st, ahead of ten other school in this division
- Y3/4 Advanced finished 1st, with an incredible 183 points (A record score!)
- Y5/6 Foundation finished 3<sup>rd</sup> only 2 points behind the winners
- Y5/6 Advanced finished 2<sup>nd</sup> in an extremely high standard of competition.

A big thank you for Mrs Proost for her help and expertise during the training and a very well done to the competitors - you were all amazing!

#### STOCKSBRIDGE FIRE STATION OPEN DAY

Stocksbridge Fire Station are hosting a joint fundraising Open Day this Saturday 30<sup>th</sup> April, 11am-2pm to raise money for the Fire Fighters Charity and the local Scouts and Brownies groups.

The fun afternoon will include a Road Traffic Collision (RTC) demonstration, The Chip Pan Unit will be putting on a fire demonstration and the Turntable Ladder Appliance (TL) will be there which can reach up to 36m high and lots more.

Some of the team are enduring a yomp challenge including wearing their full fire kit and a BA set on their backs, setting off from the fire station around 10:30am and will be running through the village, through to Deepcar and back around through Fox Valley.

There will also be hook a duck, soak a fire fighter and a raffle with some great prizes to be won.



Join us at: STOCKSBRIDGE CRICKET CLUB

Sessions will run: FRI 13TH MAY FOR 8

Session timings: 17:30 - 18:30

For any questions

please email: STEVEN.PERRY@EHI.COM

Sign up today at

allstarscricket.co.uk or at the centre



# What Parents & Carers Need to Know about

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

WHAT ARE THE RISKS?

# BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

## **EXCLUSION AND ISOLATION**

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

## INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

CENSORED



It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

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# **UNKNOWN MEMBERS**

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

# **NOTIFICATIONS AND FOMO**

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat. they try to keep up with the chat.



# Advice for Parents & Carers

# CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

# PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

# **GIVE SUPPORT, NOT JUDGEMENT**

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

### AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust - for example, to gather information on them to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

# **BLOCK, REPORT AND LEAVE**

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

# SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

# Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.







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#WakeUpWednesday

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