



www.stocksbridge-jun.sheffield.sch.uk

Issue No. 531

11/11/2022



One very special thing about our school is the wide range of activities we work hard to offer our pupils – it makes SJS a vibrant and busy place to learn! This week has been the perfect example: children have been out on the roads learning to cycle through Bikeability, participating in Mini-Police and making music with Rock Steady. Our Athletics team have been practising at the Leisure Centre, there was great fun in Imagination Gaming, and choir are already sounding beautiful as they rehearse for Christmas and Young Voices. And all of this is before we mention the numerous clubs and lunch time activities that are available!

Perhaps the most exciting extra activity this week has been our Whitby residential. Our Year 4 children have been enjoying the joys of the east coast: fossil hunting, visiting the Endeavor Experience and exploring this magical town. Most importantly, it has been an opportunity for the children to be independent and enjoy time in a new setting with their peers. Whatever we were busy doing this morning, everything stopped at 11am for our minutes silence as our staff and pupils remembered the men and women killed in conflicts around the world. The two World Wars are traditionally Year 6 topics – it is so important that through our curriculum and assemblies, children are aware of the impact these moments in world history still have on our busy lives today.

### SJS STARS OF THE WEEK

- Y3AH: Georgia Woodhouse
- Y4KT: Ryan Dempsey-Shepherd
- Y5FP: Niall Pritchett
- Y6CG: Holly Swales
- Y3CS/AW: Mariella Batty
- Y4MH: Spencer Smith
- Y5GG: Lacey Wainwright
- Y6ER: Lilly-Rae Baguley
- Y4OS: Archie Brocklesby
- Y5HK: Cordelia Hibbert
- Y6RD: Lucas Gledhill

Miss Sheehan: James Reed  
Mr Tee: Kian Horton

Y3/4 Yard: Lucy Mahon  
Y5/6 Yard: Josh Mudd  
Dining-Room: Poppy Newton

### CHILDREN IN NEED

On Friday 18<sup>th</sup> November we will be showing our support for BBC's Children in Need with a non-uniform day. Children can come to school dressed in something yellow, spotty or just something they feel comfortable in for a contribution of 50p. There will also be buns on sale for £1 on the day. If you are able to donate any cakes for the sale, we would be very grateful. Thank you for your support.



Children In Need merchandise will be available for children to buy in school from Friday 11<sup>th</sup> November. Items cost £1, £1.50 and £2. Please note: Children in Need merchandise has to be bought by school to then sell on. Therefore, we purchase a plentiful supply but not so much that school are left out of pocket. Children are encouraged to buy items early to avoid disappointment.

# ANTI-BULLYING WEEK 2022

## 'REACH OUT' CALL TO ACTION



Bullying affects millions of lives and can leave us feeling hopeless. But it doesn't have to be this way. If we challenge it, we can change it. And it starts by reaching out. Whether it's in school, at home, in the community or online, let's reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach. And it doesn't stop with young people. From teachers to parents and influencers to politicians, we all have a responsibility to help each other reach out. Together, let's be the change we want to see. Reflect on our own behaviour, set positive examples and create kinder communities. It takes courage, but it can change lives. So, this Anti-Bullying Week, let's come together and reach out to stop bullying.

Anti-Bullying Week 2022 takes place from Monday 14<sup>th</sup> – Friday 18<sup>th</sup> November with the theme 'Reach Out'. It is coordinated by the Anti-Bullying Alliance, which is based at leading children's charity the National Children's Bureau. This year, we will be celebrating Anti-Bullying week across school. Teachers have sensitively planned lessons and assemblies to celebrate Anti-Bullying week and activities have been planned to encourage pupils to think about how we can reach out to address bullying both online and offline.

### ODD SOCKS DAY - MONDAY 14<sup>TH</sup> NOVEMBER 2022



This year, on Monday 14<sup>th</sup> November 2022, we will be kicking off Anti-Bullying Week by participating in Odd Socks Day. Odd Socks Day is a chance for schools to celebrate Anti-Bullying Week in a positive way by asking pupils and staff to wear odd socks to school. There is no pressure to wear the latest fashion, or to buy expensive costumes. All you have to do to take part is wear odd socks, it could not be simpler!

ROAD SAFETY WEEK

We're taking part in ROAD SAFETY WEEK 



14-20  
November  
2022

BECAUSE EVERYONE'S  
LIFE MATTERS ON ROADS

Find out more  
and get your  
**FREE** action pack  
[www.brake.org.uk/  
RSW](http://www.brake.org.uk/RSW)

Brake is a road safety charity that supports  
people after road crashes and campaigns  
for safe and healthy journeys for all

To donate  
**£5** to Brake,  
text **BRAKE5**  
to **70085**

[www.brake.org.uk/RSW](http://www.brake.org.uk/RSW)



## CROSS-COUNTRY

This weekend is the fourth race of the Cross-Country Season. This is the closest race to our catchment area, based at **Bradfield Secondary School (S35 OAE).**

If your child is interested in giving Cross Country a go, then please aim to meet Miss Hague by the SJS flag at **9:15am** to allow time to walk the course and warm up before your start time. The races start at 10am and proceed in the following order:

- Year 3/4 Girls
- Year 3/4 Boys
- Year 5/6 Girls
- Year 5/6 Boys



You will need to make your own arrangements to transport your child to and from the cross-country fixtures. Miss Hague will be available at the venue and will be based with the Stocksbridge Junior School flag. You do not need to hand in a permission slip for these fixtures as Parents/Carers are expected to take full responsibility for their children.

Parking is available in the school carpark and on the surrounding roads. Please note, it can get very busy so leave enough time to find a spot.

For further information please email Miss Hague.  
a.hague@stocksbridge-jun.sheffield.sch.uk

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## HEAD LICE

We have received reports of head lice in Year 5.

## A photograph of a sign with the text 'HOW TO PREVENT HEAD LICE' written in a white, blocky, sans-serif font on a reddish-brown background.








Head lice is not just a school or a one family problem – it can happen to anyone. Head lice are tiny wingless insects that live on the human scalp, multiply rapidly and are almost impossible to eliminate unless properly treated. Head lice do not hop or jump; they have claws that are adapted for grasping – giving them a strong grip on the hair shafts. Head lice may strike anyone regardless of personal hygiene practices. To minimise cases of head lice in school, it is important for all families to take precautions to prevent infestation. Suggested precautions include:

- Children with long hair should come to school with their hair tied back in plaits or pigtails/ponytails.
- Children should not share hats, combs or brushes with friends.
- Children should be discouraged from playing with each other's hair.
- Vigorous daily brushing and combing of hair prevents establishment of head lice.
- Children's hair should be checked at home frequently for any evidence of 'nits'.
- Parents should be alert for unusual irritation or itching around ears and nape of neck.

Once an infestation of head lice is detected, special lotion or spray should be used. Vigorous washing with usual shampoo is not effective. The NHS offer further advice on their website: <http://www.nhs.uk/Conditions/Head-lice/Pages/Treatment.aspx>. Thank you for your co-operation with this matter.

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## NEXT WEEK'S MENU

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Cheese pizza & potato wedges	 Chicken and vegetable pie with mashed potato	Roast chicken with Yorkshire puddings, roast potatoes and gravy	 Chicken tikka masala with brown rice	Fish fingers & chips
<b>VEGETARIAN MAIN DISH</b>	BBQ bean & cheese wrap & potato wedges	Sweet potato and vegetable hot pot 	Vegetarian toad in the hole with roast potatoes and gravy	Quorn™ lasagne with crusty bread	Quorn™ nuggets with chips
<b>ACCOMPANIMENTS</b>	 Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
<b>DESSERTS</b>	Shortbread biscuit 	Mango and banana muffin	Ginger biscuit with fresh fruit 	Oaty apple crumble and custard 	Fresh fruit scone
<b>FRESH FRUIT OR YOGHURT</b>	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings	Jacket potato with a choice of fillings

## BIKEABILITY

This week, our Y6's had the opportunity to take part in Bikeability training led by two instructors from Cycle North. This two day course provided our children with the skills and confidence to cycle safely on the roads in the local community. Day 1 started on the playground to build up their technical skills and Day 2 progressed onto the local roads of Stocksbridge, learning about road position and the hazards they may encounter when out and about on their bikes. Some of the groups braved some heavy downpours during their training but it did not seem to put anyone off and they all came back really pleased with their days work. Well done everyone who received their Level 2 certificates and please continue to ride your bikes safely.



## CUBS FOOD DRIVE

# Stocksbridge 3<sup>rd</sup> Beavers and Cubs Multi School Food Drive 14<sup>th</sup> to the 25<sup>th</sup> of November



Our Scouts are organizing and running food drives in the local schools and all donations will be taken to the local Community Food Bank. Whilst we are helping the community we are having a competition to see which school can get the most donations per pupil. Help your school win whilst we work together to help our community!



### Items Needed:

Tinned Fruit  
Tinned Veg  
Tinned Meat

Tinned Pudding  
UHT Milk  
Dish Soap

Laundry Soap  
Cat/Dog Food  
Nappies  
Toiletries

## STOCKSBRIDGE LIBRARY SWAP SHOP

Are you collecting football stickers for the World Cup? Have you some missing ones and some spares to swap? Stocksbridge Library have a 'swap box' to help you to complete your collection.

**NEW!**



STOCKSBRIDGE  
RUFC JUNIORS  
RUGBY UNION  
TRAINING

Starting:

🏈 Wed 28th Sept 🏈

5.30-6.30pm

Coal pit lane-  
S36 1AW

GIRLS & BOYS  
WELCOME OF  
ALL AGES



PIC•COLLAGE

# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0808 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National  
Online  
Safety®

#WakeUpWednesday

# Being a Parent of a Child with Autistic Spectrum Disorder

Empowering Parents, Empowering Communities (EPEC)

A **FREE** course for Parents and Carers

**Start Date: Tuesday 17<sup>th</sup> January 2023**

**Finish date: Tuesday 28<sup>th</sup> March 2023**

**(10-week programme not running in half term)**

**Time: 12.00pm – 2.00pm**

**Venue: Stocksbridge Family Centre  
648 Manchester Rd, Stocksbridge, Sheffield S36 1DY**

For further information call:  
Lucy Robinson Mob: 07817350072

[Lucy.robinson@sheffield.gov.uk](mailto:Lucy.robinson@sheffield.gov.uk)



**zest**  
FOR THE COMMUNIT

**Empowering Parents  
Empowering Communities**





## What is the Being a Parent of a Child with Autistic Spectrum Disorder?

This **10-week** course will help you support your child with Autistic Spectrum Disorder. We will explore ways of managing behaviour, raising self-esteem and confidence. Learning takes place in parent-to-parent discussion & practising strategies in the group and at home.

## Why is it different?

The Being a Parent of a child with ASD Course runs over 10 weeks and is completely free. In addition to the course, a free onsite crèche is offered each session. It is run by parent volunteers who have completed the EPEC training course. They receive ongoing support and supervision from the EPEC Hub. Their experiences, backgrounds, skills and qualities make each session inviting and engaging.



## Who is the course for?

For parents and carers of children who either have a diagnosis of Autistic Spectrum Disorder or are in the process of being diagnosed.

## Where and when is it?

**Time: 10.00 a.m. to 12.00 p.m.**

**Shirecliffe Community Centre  
349 Shirecliffe Road  
Sheffield  
S5 8XL**

Start Date: Tues 17<sup>th</sup> Jan 2023

Finish date: Tues 28<sup>th</sup> March 2023

Time: 12.00 pm – 2.00 pm

## How can I sign up?

**For further information please call:**

Lucy Robinson Mob: 07817350072

Or email: [sheffieldparenting@sheffield.gov.uk](mailto:sheffieldparenting@sheffield.gov.uk)

Pre-Programme Assessment

<https://forms.office.com/r/qT9w2QYurK>



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Empowering Communities**

